



Personal Support Services

Everyday Support.
Empowering Independent Living.

Our compassionate team provides the daily assistance you need to live safely, comfortably and confidently—right where you call home.

Care you can count on.
People you can trust.



Here for you.
Here with you.

COMPASSIONATE SUPPORT FOR WHAT MATTERS MOST

PERSONAL CARE



Support with bathing, dressing, grooming, and personal hygiene.

MEAL PREPARATION



Nutritious meals prepared with care and attention to your preferences.

MEDICATION REMINDERS



Timely reminders to help manage medications safely and effectively.

LIGHT HOUSEKEEPING



Keeping your home clean, organized and comfortable.

ERRANDS & SHOPPING



We help with shopping, errands, and other daily tasks.

COMPANIONSHIP



Friendly conversation and companionship to brighten your day.

WHY CHOOSE US?

- Trained & Compassionate Staff**
Experienced professionals who truly care.
- Person-Centered Approach**
Support tailored to your needs and goals.
- Flexible Scheduling**
Hourly, daily, overnight, or live-in support.
- Respect & Dignity**
We treat you like family—always.

SUPPORTING YOUR INDEPENDENCE



Confidence
Build confidence in daily activities.



Independence
Stay independent in the comfort of home.



Connection
Meaningful relationships matter.



Peace of Mind
Your well-being is our priority.

WHO WE SUPPORT

- Seniors
- Adults with Disabilities
- Individuals Recovering from Illness or Surgery
- Anyone Needing a Little Extra Support



Let's Connect!

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 info@lifelong.care
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Scan to
Learn More!

We're Here for You.
Let's make everyday life easier—together.



Caring People



Trusted Support



Better Together



Better Every Day