



SUPPORTED LIVING

Helping Individuals Thrive in Their Homes and Communities

SUPPORTED LIVING SERVICES

At Lifelong Support, we provide person-centered Supported Living services designed to help individuals build independent, meaningful, and self-directed lives.

Our dedicated team works alongside each individual to develop skills, achieve personal goals, participate in their community, and maintain a safe and comfortable home environment.



WHY FAMILIES CHOOSE LIFELONG SUPPORT

- ✓ Person-Centered Services
- ✓ Experienced and Compassionate Staff
- ✓ Individualized Support Plans
- ✓ Focus on Independence and Choice
- ✓ Community-Based Supports
- ✓ Serving Individuals and Families Across **Maryland**

Areas of Support



Daily Living Assistance

- Personal care
- Meal preparation
- Household activities
- Medication reminders



Community Participation

- Social engagement
- Community involvement
- Building meaningful relationships



Goal Achievement

- Developing independence
- Building confidence
- Reaching personal goals



Skill Development

- Budgeting
- Cooking
- Problem-solving
- Daily life skills



Meaningful Social Engagement

- Recreation
- Volunteer opportunities
- Community activities
- Relationship building

SERVING INDIVIDUALS AND FAMILIES ACROSS MARYLAND



WHAT WE PROVIDE

- Daily Living Assistance
- Community Participation
- Goal Achievement
- Skill Development
- Meaningful Social Engagement
- Person-Centered Support
- Independent Living Skills
- Community Integration



www.lifelong.care

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Serving Individuals and Families Across **Maryland**

Where Dignity, Independence, and Purpose Thrive.